



WELCOME TO SPORTS CAMPS!



Camp Name	Highlights & Details	Day Time Location (9:00-3:30)	Swim Day(s)
Soccer 7-9	Get ready for a fun week of skill building, creative games, and teamwork on the field! Please bring athletic shoes. Shin guards are optional.	Notre Dame High School Field & Room 111	Monday - Friday
Sports Mix 6-8	Get ready for a fun filled week of soccer, basketball, frisbee, floorball, and flag football. Please bring athletic shoes and breathable clothing for hot days.	Nepean High School Gym	Monday - Friday
Tennis 8-10	Learn the game and sharpen skills with guidance from experienced coaches. You're welcome to bring your own racquet but we have lots!	McKeller Park	Monday - Friday
Equestrian 9-12	Kids will spend the day each day at the ranch, Horses of the Sun. Sandals are not permitted; closed-toe shoes are mandatory for riding.	Horses of the Sun	Wednesday & Thursday
Acrobatic Jump Rope 8-10	Campers will spend the week learning various acro-jumping skills and will host a family performance at 11:30am on Friday.	Broadview Gym	Monday - Friday
Level 1 Biking: 6-7	Bike campers will visit a new location each day to help build confidence while riding! Bring a road-ready bicycle and a helmet.	Mon – Westboro Beach Tues – Hampton Park Wed – McKeller Park Thu – Raven Park Fri – Woodroffe Park	Monday - Friday



GENERAL ITEMS TO BRING:

- ✓ Lunch & Snacks (nut-free)
- ✓ Water bottle
- ✓ Sunscreen
- ✓ Bathing Suit & Towel
- ✓ Hat



CAMP HOURS:

Sign In: 8:30 - 9:00 AM
Camp Day: 9:00 - 4:00 PM
Sign Out: 4:00 - 4:30 PM



LATE OR ABSENT CAMPERS

Please let us know via email if you'll be a bit late.
Email: lateorabsent@dovercourt.org.

Dovercourt Recreation Centre
411 Dovercourt Ave. Ottawa, ON
613-798-8950 ext. 0. info@dovercourt.org