



WELCOME TO GREAT OUTDOORS CAMPS!



| Camp Name | Details | Daytime Location (9:45am-3:00pm) | Swim Day(s) |
|--------------------------------------|--|---|------------------------------|
| Paddle Sports 6-9 & 10-13 | <p>Get prepared for a week of exploring the Ottawa River all while mastering a variety of watercrafts.</p> <p>Please ensure that campers come ready wearing a swimsuit, sun shirt, water shoes and sunscreen.</p> | <p>Ottawa River Canoe Club</p> <p>Waiver: Waiver Ottawa River Canoe Club</p> | Monday to Friday |
| White Water Rafting 9-11 | <p>Get ready for an exciting week spent braving the whitecaps of the Ottawa River!</p> <p>Please ensure that campers come ready wearing a swimsuit, sun shirt, water shoes and sunscreen.</p> | Ottawa City Rafting | Monday to Friday |
| Junior Lifeguard 9-12 | <p>Campers will be taught by a certified lifeguard and will learn valuable skills to set them on the track of becoming a lifeguard themselves.</p> <p>Please bring sandals/crocs daily.</p> | Boys and Girls Club Swimming Pool | Monday to Friday |
| Fishing 9-12 | <p>Spend each day fishing across Ottawa. Rod and tackle are provided on Monday; please bring them every day.</p> | <p>Tuesday: Dows Lake Wednesday: Browns Inlet Thursday: 5th Ave Canal Friday: Petrie Island</p> | Friday (Petrie Island Beach) |



GENERAL ITEMS TO BRING:

- ✓ Lunch & Snacks (nut-free)
- ✓ Water bottle, hat, sunscreen
- ✓ Indoor shoes



CAMP HOURS:

Sign In: 8:30-9:00 AM
Sign Out: 4:00-4:30 PM



LATE OR ABSENT CAMPERS

Please let us know via email if you'll be a bit late.
Email: lateorabsent@dovercourt.org.

Dovercourt Recreation Centre
411 Dovercourt Ave. Ottawa, ON
613-798-8950 ext. 0. info@dovercourt.org



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| Camp Name | Details | Swim Day(s) |
|-----------------------------------|---|----------------------|
| Junior Adventure 5-6 | Tuesday: Sarsaparilla Trail Wednesday: Lac Phillipe and Gatineau Parc Thursday: MacSkimming Education Centre Friday: Museum of Nature <i>*waivers are below</i> | Tuesday Wednesday |
| Intermediate Adventure 7-9 | Tuesday: Ottawa River Canoe Club Wednesday: Ottawa City Rafting Thursday: Altitude Gym Friday: Laflèche Ropes Course <i>*waivers are below</i> | Tuesday Wednesday |
| Senior Adventure 10-12 | Tuesday: Ottawa City Rafting Wednesday: Ottawa River Canoe Club Thursday: Altitude Gym Friday: Laflèche Ropes Course <i>*waivers are below</i> | Tuesday Wednesday |

WAIVERS:

| | |
|-----------------------------------|--|
| Intermediate Adventure 7-9 | Tuesday: Waiver Ottawa River Canoe Club Wednesday: Participation Agreement Ottawa City Rafting Thursday: Altitude Gym Release of Liability Waiver Friday: Abraska Waivers |
| Senior Adventure 10-12 | Tuesday: Participation Agreement Ottawa City Rafting Wednesday: Waiver Ottawa River Canoe Club Thursday: Altitude Gym Release of Liability Waiver Friday: Abraska Waivers |
| White Water Rafting 9-11 | Ottawa City Rafting Participation Agreement Ottawa City Rafting |



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