



# WELCOME TO SPORTS CAMPS!



Camp Name	Details	Daytime Location (9:45am-3:00pm)	Swim Day(s)
<b>Level 2 Biking 7-9</b>	Biking campers will visit a new location each day to help build confidence and explore new locations! <b>Bring a road-ready bicycle and a helmet.</b>	Tuesday – Westboro Beach Wednesday – Dulude Pump Track Thursday – Moussette Beach Friday – Britannia Beach Followed By Movie at Cineplex on Carling	Tuesday - Friday
<b>Active Start 4-5</b>	Get ready for a fun-filled introduction to sports like soccer, basketball, volleyball, frisbee, and rock climbing.  <b>Please remember to bring government issued photo ID for sign out, and ensure anyone picking up your child is added to your account under "Authorized Pick Up"</b>	Dovercourt Recreation Centre Gymnasium	Tuesday - Friday
<b>Sport Mix 10-12</b>	Get ready for a fun filled week of soccer, basketball, frisbee, and flag football. <b>Please bring athletic shoes and breathable clothing for hot days.</b>	Nepean High School Gymnasium	Tuesday - Friday
<b>Ball Hockey 7-9</b>	Experience a fun week of skill training, teamwork, and lots of game time.	Notre Dame High School Gymnasium	Tuesday - Friday
<b>Skateboard 6-8</b>	Learn how to skateboard with our instructor. Test out your skills on an <b>out-trip to Lansdowne skatepark on Thursday and Friday!</b>	Dovercourt Recreation Centre Tennis Court	Tuesday, Wednesday



## GENERAL ITEMS TO BRING:

- ✓ Lunch & Snacks (nut-free)
- ✓ Water bottle, hat, sunscreen
- ✓ Indoor shoes



## CAMP HOURS:

Sign In: 8:30-9:00 AM  
Sign Out: 4:00-4:30 PM



## LATE OR ABSENT CAMPERS

Please let us know via email if you'll be a bit late.  
**Email: [lateorabsent@dovercourt.org](mailto:lateorabsent@dovercourt.org).**

Dovercourt Recreation Centre  
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